

### ***Our Philosophy:***

Individualized treatment can best meet the needs of clients and help them advance through the stages of change toward a solid recovery.

Effective treatment depends on careful assessment and treatment of each client's physical, psychological, and social needs. Clients must be met and worked with "where they are."

Because of physical condition, financial circumstances and in many cases, the lack of family and friends, the chemical dependent person(s) is not able to recover without outside help. We are here to assist and encourage the physical and mental recovery of not just the individual, but the family and friends as well. Family or support network involvement is crucial for long-term success.

### ***Our Vision:***

Life Recovery Services is and will continue to be an innovative provider of treatment and education for individuals and their families and friends, delivered in a compassionate, respectful manner with a commitment to seek excellence in everything we do.



Oklahoma Department of Mental Health  
and Substance Abuse Services

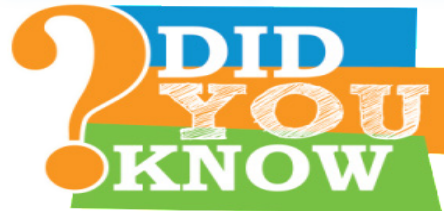
### ***Our Mission:***

Life Recovery Services' mission is to create a world-class organization that sets the standard of excellence by providing innovative and comprehensive treatment for specialty behavioral health and addiction disorders. Our programs foster the health, happiness, longevity, and self-reliant, responsible behavior for those who wish to recover and begin the healing process.

To our clients, we are committed to individualized and quality care that enables them to regain hope in a supportive, caring environment.

To our employees, we are committed to offering an environment that encourages and supports both professional and personal growth.

To our community, we are committed to developing partnerships with physicians, professionals, and payers within the community we serve through the delivery of high quality specialty behavioral health services at affordable costs while always putting the client first.



**We offer both office and home-based services!**

**Give us a call to set up your services.**



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**[www.OKLifeRecovery.org](http://www.OKLifeRecovery.org)**





**Welcome! Life Recovery Services is more than just a treatment center. We are a place of hope and healing. We were founded to help people struggling with addiction, by providing treatment to improve the quality of life for the entire family.**

**Life Recovery Services offers this pamphlet to help you become better informed concerning the options that are right for you and your family. We have several options that can assist with low to no cost services. Payment plans are also available. Please contact the offices for more information.**

**DUI/Drug Charge (ADSAC) Assessments:**

We offer certified assessors who will complete your assessment which is required by state law in order to regain your driver's license. Upon completion of the assessment, you will know what requirements must be completed and be given appropriate referrals as necessary to satisfy the Department of Public Safety.

**DUI (ADSAC) Schools:**

We offer both 10 hour and 24 hour courses as required by state law in order to regain your driver's license.

**Court Appointed Assessments:**

Our counselors provide assessments that are recognized by all District Courts in the state of Oklahoma. Upon completion of the assessment, you will know what requirements must be completed and be given appropriate referrals as necessary to satisfy the courts.

**Substance Abuse Outpatient Counseling:**

Our staff can assist the substance user and their family members to better understand addiction and deal effectively with the long-term results of substance use. Services are provided at a minimum of 1 hour per week (for prevention and therapy) and can range up to 9-12 hours per week (for intense cases).

**Case Management & Rehab Services:**

We offer certified Case Managers to assist you with gaining access to needed medical, social, educational, and other services essential to meeting basic needs. We provide rehab services to help you build skills that will last long after treatment ends.

**Consultation & Referral Services:**

Life Recovery Services works with referral sources to gain information about your case needs. We maintain confidentiality concerning your case; yet provide appropriate information in relation to your treatment outcomes.

**Community Outreach:**

Our staff provides sessions with your agency, church, or group to provide information that is directed toward identifying potential people who are at risk. We explain possible symptoms and behaviors and share what service options are available to aid recovery/rehabilitation.

**Gambling Outpatient Counseling:**

Life Recovery Services provides Nationally Certified Gambling Counselors to assist the gambler and family members. Financial planning/recovery is a necessary piece to the counseling process.

**Couples/Family Counseling:**

Our counselors have specific degrees and trainings to help you and your family members to facilitate emotional, psychological or behavioral changes and to promote successful communication and understanding. This service can be provided within the confines of substance and gambling programs or as a stand-alone service.

**HIV & Other STD Testing & Counseling:**

We partner with various agencies and health departments in the state to make testing and counseling services available. HIV tests provide immediate results (usually within 5 minutes) and are 99% reliable. Testing is confidential and can be anonymous if requested.

**Group Counseling:**

Life Recovery Services provides small, intimate groups to address the following areas.

- Anger Management
- Cognitive Behavioral Therapy
- Co-occurring Treatment
- Criminal Thinking
- Dimensions of Change
- Domestic Violence
- Family Systems
- Gambling Recovery Education
- Life/Coping Skills
- Parenting
- Peer Recovery Support
- Relapse Prevention
- Self-Help
- Substance Abuse Education

**Drug Testing:**

We provide both immediate drug testing results and lab testing. Please allow up to 1 week for lab results to be returned.

**Pre-Marital Counseling:**

The state of Oklahoma requires at minimum 4 hours of Pre-Marital Counseling to receive a discount on your marriage license. Our licensed staff provide you with the state recognized options of Secular or Pastoral Counseling to strengthen your relationship and identify appropriate readiness for marriage. Referrals can be made if you are in need of a Wedding Officiate.

**Criminal Justice Programs:**

Life Recovery Services works with various specialty court programs within the state. We have provided services to Community Sentencing, Probation and Parole, and DA Supervision programs.

- Early Intervention (6-8 weeks + aftercare)
- Outpatient (6-24 weeks + aftercare)
- Intensive Outpatient (4-6 weeks + aftercare)
- Repeat Offenders (12-24 weeks + aftercare)
- Criminal Thinking (12 weeks)
- Anger Management (8-16 weeks)

**DHS Programs:**

Life Recovery Services addresses the specific needs that are faced by participants when engaged in DHS cases.

- Early Intervention (6-8 weeks + aftercare)
- Outpatient (6-24 weeks + aftercare)
- Intensive Outpatient (4-6 weeks + aftercare)
- Parenting (14 weeks)
- Anger Management (8-16 weeks)

**Life Recovery Services gives priority to pregnant women and individuals who are IV drug users.**